

The GALS Team

I work at GALS where all staff **embody** our vision, our mission, and our school model. Where we work to challenge inequities in the world through **single-gender** and **movement-based** education. Where our approach is intentional and, we believe, both distinct and necessary.

As educators at GALS, we utilize best practices while challenging the status quo and seeking new learning. We do what works but not blindly. Our practice reflects a belief in connecting the brain and the body - that movement is essential to learning. Our practice reflects a belief that students need to know themselves and to be known well by those around them. Our practice reflects a belief in **empowerment** and **engagement** rather than compliance.

As a team at GALS, we ask for what we need, and we accept help. We trust the intentions of our ourselves and of our colleagues. We seek clarity and ask questions in order to learn and grow with and from one another. We show flexibility, grace, and gratitude. We contribute to the joy of this community through our words and actions.

As **changemakers** at GALS, we accept the challenge of making our vision and mission come alive. We seek efficiency yet never stop innovating. We create proactive supports but never stop responding to the needs of our community. Always learning, we get better at what we do and never become static in our mindset or our practice.

We are a **team** creating a **movement** .