



# **GIRLS ATHLETIC LEADERSHIP SCHOOLS**

## **MIDDLE SCHOOL CROSS COUNTRY**

### **SCHEDULE**

#### **SEPTEMBER:**

**7<sup>th</sup> (Friday) Slavens Invitational**

**15<sup>th</sup> (Saturday) Rock Canyon**

**25<sup>th</sup> (Tuesday) Runners Roost**

**29<sup>th</sup> (Saturday) DSST League Meet @ Conservatory Green (9am)**

#### **OCTOBER:**

**6<sup>th</sup> (Saturday) Colorado Academy Invitational**

**20<sup>th</sup> (Saturday ) Colorado State Meet**

#### **PRACTICE:**

Morning During Movement

Tuesday and Thursday after school 415-515pm