



September 13, 2018

Hello GALS Families,

Although the weather still feels like mid-summer, fall is upon us! This is the time of year when students start really getting in their groove with their schedules, the flow of the school day, and start to dig into their own learning.

Thank you so much for coming out to our Back to School Nights! We appreciate your participation and always welcome families to connect with their student's teachers, and with any of our support staff.

Today I took the chance to step into a few rooms to observe. I saw reading and annotating, story writing, "the most ultimate geography challenge", and students summarizing learning about the brain. I also saw movement enhancing learning, group problem solving, and joy. As we approach the half-way point of first quarter, we continue to strive to have every day be a thoughtful, challenging, full, and happy day for every student. We, as educators, are also focused on our groove, getting to know our students more deeply, adjusting our lesson plans to fit needs, and supporting a culture where our students can really thrive.

Some of our high school students had the amazing opportunity to visit gorgeous Guatemala last week. They learned about local culture, visited a coffee plantation, hiked a volcano, and swam in the sea! They also had some meaningful time with Starfish, an all-girls school with whom we are partners. Students from both schools were able to mind-meld about women's rights and social justice issues, as well as enjoy each other's company.

Many of you have asked and yes, our construction project is on its timeline for a late December completion date! This week, we were allowed to move our lunch line out of the hallway and into our old cafeteria space, hooray! This has made for a more effective serving line, and better transitions. Our old cafeteria is also the new home of our Cross Fit equipment and strength programming, we hope you can check it out on your next visits!

With Warmest Regards,
Carol

**A WEEKLY NEWSLETTER
AVAILABLE ON THE APP,
WEBSITE & FRONT OFFICE**

CAROL BOWAR

EXECUTIVE DIRECTOR

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School News



We are currently looking for parents interested in being a member of the School Accountability Committee (SAC) for GALS MS, GALS HS, and BOYS. Made up of school leaders, teachers, parents, and community members, the SACs are responsible for making recommendations to and supporting a school's improvement plan. The committees will be meeting quarterly, with the first meeting on Thursday, October 11, at 4:15 pm, at the GALS campus. If you are interested in being a member of one of the SACs, please email john.stanley@galsdenver.org. Please indicate which school you have a student at and if you have been a member of a SAC in the past.

The GALS Gear online store closes on Monday 9/17. Get your orders in before then, for delivery around October 1st!

Please take a moment to complete **the DPS Free/Reduced Lunch application**, if you haven't yet this year. It helps us to have 100% participation!

September 12th Community Meeting: Powerful Women in the Arts



GALS in Guatemala

Community News & Opportunities



- **Denver Startup Week is an exciting event for the city.** The mile high city is a destination for many top professionals in all fields including the non-profit industry. This year's event will feature [a star panel of Founders](#) including our GALS Denver Founder, Liz Wolfson. Moderating the panel is GALS Denver founding board member Melanie Ulle. All are welcome!
- **Please join our GALS/BOYS group for the Second Wind Walk/Run** this Saturday 9/15 from 9-1pm at Green Mountain HS. Come by the front office for event flyers and discount code. Second Wind Fund is a Colorado non-profit which connects youth at risk for suicide with licensed therapists and pays for up to 12 sessions of care. For info about meeting us or if you'd like to sponsor a student's with entry fee (\$30), please contact Julie Dolin at julie.dolin@galsdenver.org.
- **Please join us at Lady Justice Brewing for a fundraiser to benefit GALS Denver.** Lady Justice has a new beverage called "Endurance Insurance," brewed with and inspired by the amazing Courtney Dauwalter (former GALS Science teacher and successful ultramarathoner) and all proceeds from this drink will benefit GALS. Lady Justice is having a party to celebrate their anniversary, and release of Endurance Insurance, on **Sunday 9/14 from 1-4pm** at Factotum Brewing (3845 Lipan St). This event is adults-only.
- **Please join IGNITE and GALS Denver for a FREE day-long event on Saturday, September 22nd from 8:30am to 4:00pm** featuring elected officials, expert panelists, and engaging workshops, designed for high school and college girls with leadership potential and an interest in civic engagement. Political passion is a plus! [View the flyer here!](#)

Upcoming Events



9/16 - Lady Justice Brewing fundraising event (see blurb) - adults only

9/22 - Ignite Women's Leadership Conference (hosted @ GALS)

9/25 - Denver Start Up Week panel featured GALS founder Liz Wolfson

9/28 - No school for students

10/12 - End of 1st quarter

Athletics News

- **With Fall Athletics well on their way with practices and games right around the corner, make sure your student-athlete has filled out the following paperwork** with their coach or Kylie, the Athletic Director. 1) Waiver and Liability Form 2) Student-Athlete Agreement 3) Proof of Physical 4) Athletic Fee All of these must be completed and handed in to participate in the first game! *All paperwork is available on the website and the app.*
- **The Middle School Cross Country Team** started the season BIG at last Friday's Slavens Invitational. GALS had 17 student-athletes run the 1.8 mile course through grass, rivers, and mud with 1800 other athletes! Good luck to our runners this Saturday at the Rock Canyon Invitational!
- **If you are looking to get a little more practice before the winter season of basketball** here at GALS, check out World Hoops Academy in Aurora. The registration deadline is September 21st and is open to any student in 5th-8th grade. Games will be on Sunday and it is free to sign up!
- **Denver South will be hosting a Youth Lacrosse Clinic** on October 7th to fundraise for their team. Cost is \$35 with each player receiving a jersey. Email Kate Sauter at Ksauter1@vt.edu for more information and [see attached flyer](#).

Questions about GALS Athletics? Email our Athletic Director at Kylie.Shields@GALSdenver.org

En español:



- Actualmente estamos buscando padres interesados en ser miembros del Comité de Responsabilidad Escolar (SAC) para GALS MS, GALS HS y BOYS. Compuesto por líderes escolares, maestros, padres y miembros de la comunidad, los SAC son responsables de hacer recomendaciones y apoyar el plan de mejora de la escuela. Los comités se reunirán trimestralmente, con la primera reunión el jueves 11 de octubre a las 4:15 p.m. en el campus de GALS. Si está interesado en ser miembro de uno de los SAC, envíe un correo electrónico a john.stanley@galsdenver.org. Indique en qué escuela tiene un alumno y si ha sido miembro de un SAC en el pasado.
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- La tienda en línea de GALS Gear cierra el lunes 17 de septiembre. ¡Obtenga sus pedidos antes de esa fecha, para entregas alrededor del 1 de octubre! <http://galsdenver.org/gals-store>
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- Con Fall Athletics en su camino de prácticas y juegos a la vuelta de la esquina, asegúrese de que su estudiante atleta haya presentado la siguiente documentación con su entrenador o Kylie, el Director Atlético. 1) Formulario de renuncia y responsabilidad 2) Acuerdo entre estudiante y atleta 3) Prueba de aptitud física 4) Tarifa atlética ¡Todos estos deben completarse y entregarse para participar en el primer juego!
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- El equipo Cross Country de la escuela secundaria comenzó la temporada GRANDE en Slavens Invitational el viernes pasado. ¡GALS tuvo 17 estudiantes atletas que corrieron el recorrido de 1.8 millas a través de césped, ríos y fango con otros 1800 atletas! ¡Buena suerte este sábado en el Rock Canyon Invitational!
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- Tómese un momento para completar la solicitud del almuerzo gratis / reducido de DPS, si aún no lo ha hecho este año. ¡Nos ayuda a tener el 100% de participación!
<https://www.myschoolapps.com/Application>
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- Si estás buscando practicar un poco más antes de la temporada de invierno de baloncesto aquí en GALS, echa un vistazo a World Hoops Academy en Aurora. La fecha límite de inscripción es el 21 de septiembre y está abierta a cualquier estudiante de 5º a 8º grado. Los juegos serán los domingos y es gratis inscribirse!
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- Por favor, únase a nuestro grupo GALS / BOYS para el Segundo Wind Walk / Run este sábado 9/15 de 9 a 1 pm en Green Mountain HS. Visítenos en la recepción para ver los folletos del evento y el código de descuento. Second Wind Fund es una organización sin fines de lucro de Colorado que conecta a jóvenes en riesgo de suicidio con terapeutas con licencia y paga hasta 12 sesiones de atención. Para obtener información sobre cómo reunirse con nosotros o si desea auspiciar a un estudiante con una tarifa de inscripción (\$ 30), comuníquese con Julie Dolin a julie.dolin@galsdenver.org.
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- Denver South organizará una Clínica Juvenil de Lacrosse el 7 de octubre para recaudar fondos para su equipo. El costo es de \$ 35 con cada jugador recibiendo una camiseta. Envíe un correo electrónico a Kate Sauter a Ksauter1@vt.edu para obtener más información y vea el folleto adjunto.
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- Estamos muy agradecidos con Lady Justice Brewing, que tiene una nueva bebida llamada "Endurance Insurance", elaborada e inspirada por la increíble Courtney Dauwalter (ex maestra de GALS Science y exitosa ultramaratoniana). ¡Todas las ganancias de esta nueva bebida beneficiarán a GALS Denver! Lady Justice realizará una fiesta para celebrar su aniversario y el lanzamiento de Endurance Insurance el domingo 14 de septiembre de 1 a 4 pm en Factotum Brewing (3845 Lipan St). Este evento es solo para adultos.