



## FALL ATHLETICS



<u>Sport</u>	<u>Tryouts</u>	<u>Practices</u>	<u>Season</u>
<b>Middle School Volleyball</b>	Monday, August 28 & Tuesday, August 29 4:15-5:45	M, T, Th 4:15-5:45 Begins Thursday, Aug. 31	Aug. 31-October 7
<b>Middle School Ultimate Frisbee</b>	Thursday, Sept. 7 4:15-5:45	M, T, Th 4:15-5:45 Begins Tuesday, Sept. 11	Sept. 11-Nov. 4
<b>Cross Country (Combined MS &amp; HS team)</b>	Monday, August 28th & Tuesday, August 29th 4:15-5:45	T, Th 4:15-5:45 Beginning Thursday, Aug. 31	Aug. 31-Oct. 21
<b>High School Volleyball</b>	Monday, August 28 & Tuesday, August 29 6:00-7:30	M, T, Th 5:00-6:30 Begins Thursday, Aug. 31	Aug. 31-Oct. 26

**Fall Sports Parent Meeting (w/ the exception of MS Ultimate):** Tuesday, Sept. 5 5:30-6:00  
**MS Ultimate Parent Meeting:** Monday, Sept. 11 5:30-6:00  
 (Game Schedule, Registration paperwork & fees, eligibility, transportation, coach meet & greet)

**Sports offered remainder of year:**

Winter: MS & HS Basketball

Spring: MS & HS Soccer, MS Lacrosse, 8th/HS Ultimate Frisbee

Various Sports Clinics offered throughout the year on Wednesdays as well as clubs. Stay tuned.

Please reach out to [danielle.ennis@galsdenver.org](mailto:danielle.ennis@galsdenver.org) with general inquiries